

MODULE 2 • LESSON 16 OF 40

Reviewing and Improving Your Budget

Focus Keyword: budget review

SEO Title: Reviewing and Improving Your Budget

URL Slug: reviewing-and-improving-your-budget

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LESSON PURPOSE

Learn how to review your budget regularly, identify areas that need improvement, and make adjustments that keep your finances aligned with your income, expenses, and financial goals.

WHY THIS LESSON MATTERS

A budget should never stay the same forever. Your income, expenses, priorities, and financial goals change over time. Reviewing your budget helps you stay in control, identify unnecessary spending, increase savings, and respond confidently to changes in your financial situation.

BEFORE YOU BEGIN

- ☐ I have created a monthly budget.
 - ☐ I understand my income and expenses.
 - ☐ I am willing to improve my financial habits.
 - ☐ I will complete every activity honestly.
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MONEY TIP OF THE LESSON

"A budget works best when you review it regularly and improve it one step at a time."

MY CONFIDENCE LEVEL BEFORE THIS LESSON

1 2 3 4 5

Not Confident • Neutral • Very Confident

MY GOAL FOR THIS LESSON

What part of your current budget would you most like to improve?

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ACTIVITY 1

Review Your Current Budget

Complete the table below using your current monthly budget.

Budget Category On Track? Needs Improvement?

Income	☐	☐
Housing	☐	☐
Food	☐	☐
Transport	☐	☐
Savings	☐	☐
Debt Payments	☐	☐
Other Expenses	☐	☐

ACTIVITY 2

Budget Review Self-Assessment

Statement	Good	Needs Improvement	Not Yet
I review my budget every month.	☐	☐	☐
I compare planned and actual spending.	☐	☐	☐
I adjust my budget when my income changes.	☐	☐	☐
I increase my savings whenever possible.	☐	☐	☐
I use my budget to guide financial decisions.	☐	☐	☐

KNOWLEDGE CHECK

1. Why should you review your budget regularly?

2. What should you do if your expenses increase?

3. How can reviewing your budget help you save more money?

4. Why is it important to compare planned and actual spending?

5. How often should you update your budget?

WEEKLY CHALLENGE

Review your current budget and identify **three improvements** you can make this month.

Write one action you will take immediately.

PRACTICAL WORKSHEET – MY BUDGET IMPROVEMENT PLAN

A. MY CURRENT BUDGET REVIEW

Category	Working Well Needs Improvement	
Income	☐	☐
Expenses	☐	☐
Savings	☐	☐
Debt	☐	☐
Financial Goals	☐	☐

B. MY TOP THREE IMPROVEMENTS

Improvement Action I Will Take

C. MY UPDATED MONTHLY BUDGET GOALS

Goal	Target Date
Increase Savings	
Reduce Spending	
Pay Off Debt	
Improve Budget Accuracy	

D. REFLECTION

What change to your budget will make the biggest difference to your financial future?

 PAGE 4**KEY TAKEAWAYS – WHAT I LEARNED TODAY**

1. The strongest part of my budget is:

2. The area that needs the most improvement is:

3. One budgeting habit I will continue is:

4. One financial goal I will achieve by improving my budget is:

MY 7-DAY BUDGET IMPROVEMENT ACTION PLAN

Day 1: Review my budget.

Day 2: Compare planned and actual expenses.

Day 3: Identify one unnecessary expense.

Day 4: Increase my savings contribution.

Day 5: Update my monthly budget.

Day 6: Review my financial goals.

Day 7: Evaluate my progress and celebrate one improvement.

LESSON COMPLETION CHECKLIST

☐ I completed all activities.

- ☐ I completed my Budget Improvement Plan.
 - ☐ I identified areas for improvement.
 - ☐ I updated my budget.
 - ☐ I successfully completed Module 2.
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MY CONFIDENCE LEVEL AFTER THIS LESSON

1 2 3 4 5

Not Confident • Neutral • Very Confident



MODULE 2 ACHIEVEMENT

Congratulations!

You have completed **Module 2 – Budgeting and Spending Wisely**.

You have learned how to:

- ☒ Build your first monthly budget.
- ☒ Track your income and expenses.
- ☒ Manage irregular income.
- ☒ Reduce unnecessary spending.
- ☒ Plan for large and annual expenses.
- ☒ Review and improve your budget.

You now have the knowledge and practical tools to manage your day-to-day finances with greater confidence and control.

NEXT LESSON PREVIEW

Lesson 17 – Why Saving Money Matters

Discover why saving is the foundation of financial security, how consistent saving creates opportunities, and practical strategies for building a lifelong savings habit.

MY COMMITMENT

I commit to reviewing my budget regularly, adapting it as my financial situation changes, and using it as a tool to achieve my financial goals and long-term financial success.

Signature: _____

Date: _____