

MoneyOnline's AI Academy Workbook

LESSON 1 WORKBOOK

What Is Artificial Intelligence?

Module 1: AI Foundations

Name		Date	
AI Project		Status	■ Not Started ■ In Progress ■ Complete

Lesson Purpose

Use this workbook while completing Lesson 1. Write your answers in your own words and complete each activity before moving to Lesson 2.

Before You Begin

- I opened or completed Lesson 1.
- I understand AI is a tool, not magic.
- I will complete every exercise.
- I will try at least one AI tool today.

My Main Goal for This Lesson

What do I want to understand or complete?

Guided Exercise 1

Describe Artificial Intelligence in your own words.

Your Notes

Guided Exercise 2

List five AI tools you already know.

Your Notes

Guided Exercise 3

Name three places where you already use AI.

Your Notes

Practical Activity

Use ChatGPT, Gemini, Claude, Copilot or Perplexity. What did you ask? What response did you get?

Prompt Practice

Prompt: "Explain Artificial Intelligence like I am 12 years old."
What did you learn?

Key Takeaways

Write the three most important things you learned.

My Practical Action Step

What will you complete before Lesson 2?

Completion Checklist

- I completed every exercise.
- I used an AI tool.
- I wrote my own prompt.
- I understand the lesson.
- I am ready for Lesson 2.

Reflection

What is still unclear, and what should I review?

Next Step

Continue to **Lesson 2 – How AI Works (Beginner Guide)** after completing your action step.

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